



# 8 Reasons for Dental Insurance

Why **dental insurance** should always be in the same conversation as **healthcare insurance**

1

Brushing, flossing and seeing a dentist lower the risk of heart disease.

2

Tartar is difficult to remove with a toothbrush; a dental professional is needed to wash this away to prevent cavities.

3

People with gum infections or periodontal disease have a higher risk for heart disease.

4

Any inflammation in the mouth puts strain on the body's immune response.

5

Some people will see their dentist more than their health practitioner in a year.

6

Dentists can identify a variety of health diseases like diabetes, types of cancer and osteoporosis.

7

Putting an emphasis on oral health will save people money not only with dental bills but general medical bills as well.

8

Simply having dental insurance gets people to the dentist, helping them keep their mouths and overall health in check.

Trust dental insurance to help you achieve better overall health—Spirit makes it happen easily!



**Want to learn more about Spirit Dental & Vision?**

No Waiting Periods | Up to a \$5,000 Annual Max |  
Strong Network Savings