

I hope you're enjoying a great start to summer, and there's no better time to give your health (and your smile) a little extra attention.

Did you know your oral health plays a powerful role in your overall well-being? From heart health and digestion to immunity and confidence, it all starts with your smile.

Spirit Dental & Vision insurance just released this new, easy-to-read guide: **Bite Into Better Oral Health.**

Inside, you'll see:

- Fast facts on oral health
- How oral health connects to total body wellness
- A deep-dive look behind what's going on in your mouth
- How dental insurance supports oral health

And if you've been thinking about dental coverage, **Spirit Dental makes it easier than ever to get the care you need:**

- No waiting periods—coverage starts day 1
- High annual maximums—up to \$5,000 in benefits
- Choose any dentist—with big savings in-network
- Lifetime deductible—pay it once, that's it

Let me know if you'd like to explore plan options or need help getting started.

Here's my agent link to explore plans:

Wishing you a healthy, happy summer!

[Agent name]